# SAFARI CHECKLIST



### WELCOME ON BOARD YOUR SILENT SAFARI EXPERIENCE

Discover, find and interpret the captivating and enchanting wonders of the wild.

### **NATURE CALLING**

Our safari field guides and trackers are likely some of the most important people you will meet when on safari.

Their innate knowledge of the local Sabi Sand bushveld and wildlife will deepen your appreciation and fascination for what you seek to find.

Dedicated to taking you on twice - daily game drives, they are committed to your adventure in exploring and tracking the big five, magnificent seven, endangered species and sharing stories of the ever extraordinary and vast array of animals, birds, stars and mysteries of nature.

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# SOUTH AFRICA'S MOST CELEBRATED WILDLIFE AREA

Cheetah Plains Private Game Reserve is positioned in the north-east corner of the Sabi Sand Nature Reserve.

Our particular location is revered for its prime game viewing, and is especially well known for the iconic Big Five sightings.

The Sabi Sand Nature Reserve shares a fenceless border to the east with the world famous Kruger National Park Cheetah Plains' prime location delivers a prolific safari experience facilitated by the natural movement of wildlife over this vast land, fiercely protected under conservation.

While we are most famous for our spectacular leopard sightings, a number of endangered species have also made the reserve their home.

You may catch a rare glimpse of honey badgers, ground hornbills and African wild dogs.

Two rivers cross Sabi Sand Nature Reserve – the Sabi River in the south and the Sand River which flows from northwest to southeast.





KRUGER NATIONAL PARK

### SILENT SAFARI

#### ZERO - EMISSION GAME VIEWING

Pioneering the silent safari and driving a singular approach to renewable energy in hospitality in the wild, Cheetah Plains is a carbon negative lodge. The offsets, largely from conversion to solar combined with the relatively small number of beds plays a significant role in creating our positive position.

Our twice-daily game drives are led by our safari guide and tracker team and taken in our custom-built Land Cruiser Electric Safari Game Viewers. These vehicles are recharged by solar energy.

These vehicles drive on average 32,000 kilometres (20 000 miles) a year while producing zero carbon emissions.

The average 4x4 travelling the same distance would emit over 7,000 kilogrammes (15,432 pounds) of CO<sub>2</sub>.

### CARBON NEGATIVE CONSERVATION

#### INTEGRATED APPROACH TO SUSTAINABILITY

The adoption of electric vehicles powered by solar energy together with our recycling initiatives from water to waste management effectively mitigates more than 581 tonnes (640 tons) of CO<sub>2</sub> emissions annually. To put it into perspective, this reduction is equivalent to the environmental impact of over 20,000 trees.

#### **ENERGY EFFICIENCY - OPERATING ENTIRELY OFF GRID**

Harnessing the power of solar to provide a reliable, renewable energy source made possible by developing a solar plant which includes the installation of 1205 solar PV panels on the rooftops, as well as three Dual-axis PV solar trackers which follow the sun for the optimal

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input. The total solar installation generates an average of 550MWh per annum which is an offset of approximately 530 Tonnes of CO2 emissions per annum.

### **RESPONSIBLE TOURISM**

#### THE CHEFTAH PLAINS FOUNDATION

The Cheetah Plains Foundation is dedicated to building a sustainable legacy of environmental stewardship and community upliftment. Through projects in the communities surrounding the lodge, we drive education and empowerment initiatives to enrich people for a sustainable future.

#### **GRASS ROOTS EDUCATION**

Committed to community upliftment and creating local employment we constructed the Lezagwa Utah Community Crèche in 2019. This facility supports the employment of teachers and assistants that care for over 60 children between 6 months and 5 years old and is the main center of area for local early childhood development.

### **ENTERPRISE DEVELOPMENT**

Part of a community waste management initiative, the lodge waste is divided and collected bi-weekly by a local community operative that makes a living in re-using, recycling and up-cycling materials.

#### **CULTURAL HERITAGE**

Discover Shangaan culture though a guided visit to the local village of Utah to learn about the rich heritage of one of South Africa's diverse tribes through traditions that weave the history of the land and environment through their customs.

### BIG FIVE & MAGNIFICENT SEVEN

The evolution of the iconic Big Five has recently become known as the "Magnificent Seven". Adding two additional animals, typically the Cheetah and African wild dog, shining a light on the protection and appreciation of a wider range of Africa's magnificent and endangered animals.

Lion	
Leopard	
Buffalo	
Elephant	
Rhino	
Cheetah	
African Wild dog	
THE LITTLE FIVE	
Ant Lion	
Leopard Tortoise	
Buffalo Weaver	
Elephant Shrew	
Rhino Beetle	

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### **CURIOUS COLLECTIVE NOUNS**

Armoury of Aardvarks Army of Caterpillars **Bed of Scorpions** Bloat of Hippos **Business of Mongooses** Cackle of Hyenas Camouflage of Chameleon Chain of Caracals Chorus of Froas Circles of Waterbucks Cloud of Bats Clutter of Spiders Coalition of Cheetahs Colony of Ants Colony of Honey Badgers Committee of Vultures Confusion of Guinea Fowl Convocation of Eagles Crash of Rhinoceroses Dazzle of Zebras Decent of Woodpeckers Flight of Oxpeckers Flight or Dragonflies Float of Crocodiles Hive of Bees

Journey of Giraffe (on the move) Tower of Giraffe (standing still) Kaleidoscope of Butterflies Knot of Snakes Knot of Toads Leap of Leopards Lounge of Lizards Memory of Elephants Murder of Crows Murmuration of Starlings Obstinacy of Buffaloes Pack of Wild Dogs Parliament of Owls Party of Hornbills Plaque of Locusts Prickle of Porcupines Pride of Lions Pride of Ostrich Queue of Wildebeests Quiver of Cobras Safari of People Scourge of Mosquitoes Scurry of Squirrels Skulk of Bat-eared Foxes Sounder of Warthogs Troop of Baboons

## **MAMMALS**

## **MAMMALS**

Aardvark	Dwarf Mongoose	
Aardwolf (rare in these parts)	Giraffe	
African Cat Wild	Greater Cane-rat	
African Elephant	Hippopotamus	
African wild dog	Honey Badger	
Angolan Bat Free-tailed	Impala	
Banded Mongoose	Klipspringer	
Bat-eared Fox	Kudu	
Black Rhinoceros (endangered)	Large-spotted Genet	
Black-backed Jackal	Leopard	
Blue Wildebeest	Lesser Bushbaby	
Buffalo	Lion	
Burchell's Zebra	Little Bat Free-tailed	
Bushbuck	Mauritian Bat Tomb	
Caracal	Meller's Mongoose	
Chacma Baboon	Mountain Reedbuck	
Cheetah (endangered)	Nyala	
Civet	Pangolin (endangered)	
Common Duiker	Porcupine	
Common Reedbuck	Sable Antelope	

### **MAMMALS**

Scrub Hare	
Serval	
Sharpe's Grysbok	
Side-striped Jackal	
Slender Mongoose	
Small-spotted Genet	
Spotted Hyena	
Springhare	
Steenbok	
Suni	
Tree Squirrel	
Vervet Monkey	
Warthog	
Waterbuck	
White Rhinoceros (threatened)	
White-tailed Mongoose	

### LEOPARD SPOT IDENTIFICATION

The Sabi Sand Nature Reserve is famous for its high density of leopards, making sightings more common compared to other areas. Key features assist in identifying leopards. These solitary creatures are territorial and nocturnal hunters.

#### SPOT PATTERN

The best way to identify a leopard is the unique spot structure that occurs on the upper row of their spotted whisker lines. This doesn't change throughout their life. Leopards also have a spot cluster called rosettes that resemble a flower pattern on their coat.

#### SIZE AND BUILD

Adult leopards typically weigh between 30 to 80 kg (66 to 176 pounds) and are about 1 to 2 meters (3.25 to 6.25 feet) long. Female leopards are smaller and slimmer than the males.

#### FACIAL FEATURES

Each leopard's unique facial markings, including spots around the eyes, nose, and mouth can be used to identify them. Distinctive features like ear notches or scars, provide further clues.

### TRACKS AND SCAT

Leopards leave telltale tracks that our guides can interpret to piece together the story of their movements. Their scat is often cylindrical and can contain hair, bones, and other remains of their prey, giving clues about their diet.



### DID YOU KNOW?

# THE 3 VILLAS AT CHEETAH PLAINS ARE NAMED AFTER FAMOUS CATS

#### **KARULA**

Born in the west in 2004, this magnificent queen of leopards become a great survivor when her mother Safari left her at a young age. Karula roamed around east and then northwards to where she established her territory in the Cheetah Plains area. Though fairly small she was an accomplished huntress often killing antelope far bigger than herself. She had 11 cubs in her life time - one was sadly killed by hyaenas, but the other ten impressively survived to independence in 2016. Karula paired up with Tingana the dominant male leopard, at the time. Their cubs Hosana and Xongile were born in 2016. In 2017 when they were 11 months old Karula disappeared forever. By now able to kill small animals, the cubs survived on lizards, tortoises and small game until they were old enough to hunt like their mother and carry on her legacy.

Karula was identified by the remarkable markings on her forehead. Her brow spots formed the letter W-o-W, the perfect description of her character. She is remembered as a majestic and incredibly successful mother who enriched the area with her many offspring and attracted admirers from around the world.

Karula's beauty, elegance and wild sophistication lives in our hearts, memories and legends.

#### **MAPOGO**

Born in the south around 2002, the Mapogo brothers Dreadlocks, Pretty Boy, Rasta, Kinkytail, Mr T and Makhulu became the most fearsome lion warriors in the history of the Sabi Sand Reserve.

Mapogo territory extended from the south west all the way to the north. These dark maned lions fiercly protected their vast domain ferociously challenging and destroying any predators that crossed their path, including non submissive lionesses and their cubs. Unique in their team spirit these mighty legends killed giants like adult hippos and healthy rhinos, an unprecedented natural spectacle.

The beginning of the end of their supremacy was marked by a savage battle on Cheetah Plains between the aging Mapogo and the upcoming Majingilane brotherhood. In their ensuing battle, lions from both sides were killed. What makes this battle so shockingly unforgettable is that on both sides the victors ate their fallen foes. Even fatally wounded the Mapogo's fought their enemies until the last one died in 2012. The Mapogo coalition lives on in the legendary tales of their unmatched glorious reign of power.

#### MVUI A

Relaxed and regal this impressively large male leopard was the size of an adult female lioness and remains one the greatest legends. Mvula was famous for unusual blue-green eyes and powerful hunting prowess. He established his territory in the northern parts of the Sabi with Cheetah Plains as the center of his territory.

By 2012 he began asserting total reign over the region pushing other males into neighbouring areas. As alpha, he was accompanied by a number of his siblings and females like Thandi, Shadow and Inkanyeni all of whom he sired cubs with. Mvula is remembered as a magnificent strong patriarch who protected his females from other males. His physical strength lasted until his old age and he was last seen in January 2018. Mvula's legacy is that of a sovereign leopard who ensured the survival of his species. The great Mvula will be remembered by all who encountered him with deep love, respect and awe.

## BIRDS / SPECIES ARE NUMBERED TO CORRESSPOND WITH ROBERTS BIRD GUIDE

465	Acacia Pied Barbet	91	African Sacred Ibis	
375	African Cuckoo	396	African Scops-Owl	
128	African Cuckoo Hawk	286	African Snipe	
60	African Darter	95	African Spoonbill	
690	African Dusky Flycatcher	596	African Stonechat	
840	African Firefinch	394	African Wood-Owl	
148	African Fish-Eagle	792	Amethyst Sunbird	
160	African Goshawk	180	Amur Falcon	
361	African Green Pigeon	560	Arrowmarked Babbler	
457	African Grey Hornbill	691	Ashy Flycatcher	
169	African Harrier Hawk	215	Baillon's Crake	
137	African Hawk-Eagle	392	Barn Owl	
451	African Hoopoe	518	Barn Swallow	
240	African Jacana	399	Barred Owlet	
421	African Palm-Swift	645	Barthroated Apalis	
710	African Paradise-Flycatcher	146	Bateleur	
711	African Pied Wagtail	617	Bearded Scrub-Robin	
716	African Pipit	487	Bearded Woodpecker	
223	African Purple Swamphen	481	Bennett's Woodpecker	
432	African Pygmy-Kingfisher	378	Black Cuckoo	

## BIRDS / SPECIES ARE NUMBERED TO CORRESSPOND WITH ROBERTS BIRD GUIDE

538	Black Cuckooshrike	363	Brownheaded Parrot	
158	Black Sparrowhawk	435	Brownhooded Kingfisher	
84	Black Stork	533	Brownthroated Martin	
740	Blackbacked Puffback	741	Brubru	
238	Blackbellied Bustard	719	Buffy Pipit	
143	Blackbreasted Snake-Eagle	391	Burchell's Coucal	
464	Blackcollared Barbet	762	Burchell's Starling	
76	Blackcrowned Night-Heron	656	Burntnecked Eremomela	
744	Blackcrowned Tchagra	723	Bushveld Pipit	
545	Blackheaded Oriole	764	Cape Glossy Starling	
127	Blackshouldered Kite	601	Cape Robin-Chat	
258	Blacksmith Lapwing	354	Cape Turtle-Dove	
844	Blue Waxbill	122	Cape Vulture (endangered)	
708	Bluemantled Crested Flycatcher	486	Cardinal Woodpecker	
136	Booted Eagle	71	Cattle Egret	
877	Brimstone Canary	515	Chestnutbacked Sparrowlark	
857	Bronze Mannikin	701	Chinspot Batis	
303	Bronzewinged Courser	886	Cinnamonbreasted Bunting	
142	Brown Snake-Eagle	793	Collared Sunbird	
743	Browncrowned Tchagra	115	Comb Duck	

## BIRDS / SPECIES ARE NUMBERED TO CORRESSPOND WITH ROBERTS BIRD GUIDE

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200	Common Button Quail	102	Egyptian Goose	
530	Common House-Martin	358	Emerald-spotted Wood-Dove	
226	Common Moorhen	543	Eurasian Golden Oriole	
1	Common Ostrich	446	European Roller	
202	Common Quail	589	Familiar Chat	
264	Common Sandpiper	828	Fantailed Widowbird	
454	Common Scimitarbill	405	Fierynecked Nightjar	
846	Common Waxbill	698	Fiscal Flycatcher	
188	Coqui Francolin	496	Flappet Lark	
473	Crested Barbet	541	Forktailed Drongo	
189	Crested Francolin	161	Gabar Goshawk	
678	Croaking Cisticola	619	Garden Warbler	
255	Crowned Lapwing	429	Giant Kingfisher	
163	Dark Chanting Goshawk	884	Goldenbreasted Bunting	
568	Darkcapped Bulbul	483	Goldentailed Woodpecker	
386	Diderick Cuckoo	64	Goliath Heron	
347	Doublebanded Sandgrouse	747	Gorgeous Bush-Shrike	
686.1	Drakenberg Prinia	66	Great Egret	
505	Dusky Lark	628	Great Reed-Warbler	
79	Dwarf Bittern	380	Great Spotted Cuckoo	

## BIRDS / SPECIES ARE NUMBERED TO CORRESSPOND WITH ROBERTS BIRD GUIDE

765	Greater Blue-eared Starling	416	Horus Swift	
474	Greater Honeyguide	801	House Sparrow	
265	Green Sandpiper	382	Jacobin Cuckoo	
452	Green Woodhoopoe	841	Jameson's Firefinch	
74	Greenbacked Heron	385	Klaas's Cuckoo	
655	Greencapped Eremomela	230	Kori Bustard	
834	Greenwinged Pytilia	205	Kurrichane Buttonquail	
373	Grey Go-away-bird	576	Kurrichane Thrush	
62	Grey Heron	124	Lappetfaced Vulture	
558	Grey Penduline-Tit	355	Laughing Dove	
693	Grey Tit-Flycatcher	97	Lesser Flamingo	
751	Greyheaded Bush-Shrike	731	Lesser Grey Shrike	
315	Greyheaded Gull	476	Lesser Honeyguide	
436	Greyheaded Kingfisher	183	Lesser Kestrel	
531	Greyrumped Swallow	134	Lesser Spotted Eagle	
580	Groundscraper Thrush	527	Lesser Striped Swallow	
94	Hadeda Ibis	635	Lesser Swamp-Warbler	
81	Hamerkop	381	Levaillant's Cuckoo	
203	Helmeted Guineafowl	447	Lilacbreasted Roller	
121	Hooded Vulture (endangered)	444	Little Bee-eater	

## BIRDS / SPECIES ARE NUMBERED TO CORRESSPOND WITH ROBERTS BIRD GUIDE

78	Little Bittern	196	Natal Spurfowl	
67	Little Egret	681	Neddicky	
8	Little Grebe	748	Orangebreasted Bush-Shrike	
638	Little Rush-Warbler	156	Ovambo Sparrowhawk	
157	Little Sparrowhawk	696	Pale Flycatcher	
274	Little Stint	398	Pearlspotted Owlet	
417	Little Swift	548	Pied Crow	
154	Lizard Buzzard	428	Pied Kingfisher	
651	Longbilled Crombec	860	Pintailed Whydah	
862	Longtailed Paradise-Whydah	718	Plainbacked Pipit	
735	Magpie Shrike	449	Purple Roller	
431	Malachite Kingfisher	780	Purplebanded Sunbird	
89	Marabou Stork	371	Purplecrested Turaco	
779	Marico Sunbird	672	Rattling Cisticola	
633	Marsh Warbler	858	Redbacked Mannikin	
140	Martial Eagle	733	Redbacked Shrike	
364	Meyer's Parrot	798	Redbilled Buffalo-Weaver	
525	Mosque Swallow	842	Redbilled Firefinch	
356	Namaqua Dove	458	Redbilled Hornbill	
427	Narina Trogon	772	Redbilled Oxpecker	

## BIRDS / SPECIES ARE NUMBERED TO CORRESSPOND WITH ROBERTS BIRD GUIDE

821	Redbilled Quelea	572	Sombre Greenbul	
524	Redbreasted Swallow	694	Southern Black Flycatcher	
600	Redcapped Robin-Chat	554	Southern Black Tit	
377	Redchested Cuckoo	736	Southern Boubou	
237	Redcrested Korhaan	441	Southern Carmine Bee-eater	
674	Redfaced Cisticola	804	Southern Greyheaded Sparrow	
426	Redfaced Mousebird	463	Southern Ground Hornbill (endangered)	
819	Redheaded Weaver	814	Southern Masked-Weaver	
754	Retz's Helmetshrike	824	Southern Red Bishop	
181	Rock Kestrel	756	Southern Whitecrowned Shrike	
494	Rufousnaped Lark	459	Southern Yellowbilled Hornbill	
675	Rufouswinged Cisticola	424	Speckled Mousebird	
498	Sabota Lark	401	Spotted Eagle-Owl	
88	Saddlebilled Stork (endangered)	689	Spotted Flycatcher	
475	Scalythroated Honeyguide	116	Spurwinged Goose	
791	Scarletchested Sunbird	72	Squacco Heron	
118	Secretary Bird	409	Squaretailed Nightjar	
256	Senegal Lapwing	149	Steppe Buzzard	
191	Shelley's Francolin	133	Steppe Eagle	
159	Shikra	659	Stierling's Wren-Warbler	

## BIRDS / SPECIES ARE NUMBERED TO CORRESSPOND WITH ROBERTS BIRD GUIDE

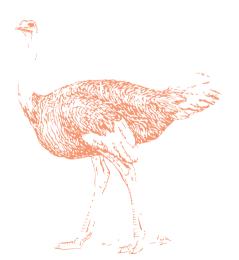
881	Streakyheaded Seedeater	753	Whitecrested Helmetshrike	
437	Striped Kingfisher	99	Whitefaced Duck	
199	Swainson's Spurfowl	397	Whitefaced Scops-Owl	
132	Tawny Eagle	125	Whiteheaded Vulture (endangered)	
683	Tawnyflanked Prinia	602	Whitethroated Robin-Chat	
300	Temminck's Courser	339	Whitewinged Tern	
249	Threebanded Plover	643	Willow Warbler	
455	Trumpeter Hornbill	522	Wiretailed Swallow	
402	Verreaux's Eagle-Owl	266	Wood Sandpiper	
867	Village Indigobird	433	Woodland Kingfisher	
811	Village Weaver	86	Woollynecked Stork	
761	Violetbacked Starling	653	Yellowbellied Eremomela	
135	Wahlberg's Eagle	126.1	Yellowbilled Kite	
260	Wattled Lapwing	771	Yellowbilled Oxpecker	
760	Wattled Starling	90	Yellowbilled Stork	
338	Whiskered Tern	648	Yellowbreasted Apalis	
83	White Stork	869	Yellowfronted Canary	
123	Whitebacked Vulture	470	Yellowfronted Tinkerbird	
787	Whitebellied Sunbird	471	Yellowrumped Tinkerbird	
613	Whitebrowed Scrub-Robin	728	Yellowthroated Longclaw	

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805 Yellowthroated Petronia

664 Zitting Cisticola

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### WHAT TO FIND IN THE GARDEN

#### KARULA

Tamboti Tree Spirostachys africana

Marula Tree Sclerocarya birrei

**Snuff Box** Oncoba spinosa

The pulp of the fruit is edible. Roots are used in treatment of dysentery and bladder complaints. The seeds contain a dying oil that suitable for varnish. The hard-shelled fruits are used as snuff boxes.

Baobab Tree Adonsonia

Common False Thorn Albizia harveyi

Knobbly Fig Tree Ficus sansibarica

The tree is regarded sacred by most communities.

Silver Cluster Leaf Tree Terminalia Sericea

### **MAPOGO**

Milk Plum

Englerophytum magalismontanum

It's estimated this tree is hundreds of years old. The Mapogo Villa entrance is designed with respect to this age old tree.

Sausage Tree Kigelia africana

Baobab Tree Adonsonia

Redwood Tree

**Snuff Box** Oncoba spinosa

Tamboti Spirostachys africana

#### **MVULA**

Fever Tree Vachellia xanthophloea

Tamboti Tree Spirostachys africana

**Marula Tree** Sclerocarya birrei

**Snuff Box** Oncoba spinosa

**Matumi Tree** Breonadia salicina

Russet Bushwillow Combretun hereroense

### **BATS**

African Yellow Bat

Bats play an important role in the variety of ecosystems. These nocturnal creatures help pollinate plants, control the insect population and seed dispersal.

Angolen Free Tailed Bat	
Ansorges Free Tailed Bat	
Eastern Greenish Yellow Bat	
Egyptian Fruit Bat	
Egyptian Slit Faced Bat	
Little Free Tailed Bat	
Mauritian Tomb Bat	
Peter's epauletted fruit bat	
Wahlberg's epauletted fruit bat	

## LITTLE CREATURES

When you are in the bush, beauty surrounds you. The smallest creatures may have some of the most fascinating behaviours. Take note of all things little and large when you are out and about exploring the bushveld savannah.

African Land Snail	
Dung Beetle	
(Ask your guide about their celestial navigation)	

### **SNAKES**

The bush is home to a diverse array of snakes with the majority in the region harmless species. The venomous strikers and constrictors, many of which can be very dangerous to humans, are better seen from a distance.

Black Mamba	Ш
Boomslang	
Mozambique Spitting Cobra	
Puff Adder	
linkhals	
nouted Cobra	
outhern African Python	
outhern Vine Snake	
potted Bush Snake	

## **SPIDERS**

Golden Orb Spider

Spiders are masters of disguise and survival. As predators their strategies differ across the species, and some like the Golden Orb Spider are meticulous architects, constructing intricate webs to ensnare flying insects and others ambush their prey.

Baboon Spider	
Community Spider	
Jumping Spider	

## **REPTILES**

## African Reed Toad **Bull Frog Bubbling Kasina** Flap-Neck Chameleon Giant Plated Lizard Hingeback Tortoise **Leopard Tortoise** Marsh Terrapin Nile Crocodile Nile Water Monitor Lizard Pan Winged Terrapin Rain Frog Red-Banded Rubber Frog Reed Frog Rock Monitor Lizard Southern Foam Nest Frog Tree Agama - 'xipulula'

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### **GRASSES**

Blue Seed Grass

Buffalo	Grass	
Cats Ta	il	
Commo	on Reeds Grass	
Commo	on Thatching Grass	
Goose	Grass	
Heart 8	Seed Love Grass	
Natal R	ed Тор	
Red Gra	ass	
Smuts F	inger Grass	
Spear C	Grass	
Spike C	arrot Seed Grass	
	In the summer months between October and February notice foam clouds formed on branches above bodies. These are by a frog species called the Southern Foam. Frog. Their unique breeding process allows them to fee eggs into the foam nest where they are protected and tadpoles. As the tadpoles grow and move they drop from the pools below to complete the rest of their	of water. Nest rtilise form into om the

Read more about this interesting species here:

## **TREES**

## **FLOWERS**

Apple Leaf	African Violet Flower	
Brown Ivory	Bushveld Arum	
Gardinia Volcanis	Bushveld Chincherinchee	
Jackalberry	Commelina Blue	
Knob-Thorn	Impala Lily (cerise pink and white)	
Large Fruited Bush Willow	Lions Eye (bright orange)	
Lead Wood	Morning Glory	
Marula	Poison Apple	
Red Bush Willow	String of Stars	
Russet Bush Willow	Suckle Bush Flower	
Sickle Bush	Vinolia Flower	
Sjambok Pod	Wild Hibiscus	
Tamboti	Wild Sesama	
Tree Wisteria	Yellow Commelina	
Zebra Wood		

# FLORA - THE MEANING BEHIND SOME OF OUR SPECIES

Cheetah Plains is set in the Bushveld Savannah Biome.

Some of the plants, shrubs and trees have medical uses while others are deep rooted in traditional belief, like the Marula Tree. Others have healing properties or are of economic value. Ask your guide about the meaning of any plants you may like or encounter.

### Apple-Leaf Tree

Philenoptera violacea

Cook stripped bark of the Apple Leaf tree is a traditional antibacterial drink

### **Buffalo Thorn Tree**

Ziziphua mucronata

Treats a cough, the same a Leadwood tree.

It is believed to be an aphrodisiac for women who eat the leaves of a Buffalo Thorn.

Branches are used in certain rituals to put the souls of the dead to rest, after one year of the burial a new branch is put on for a new resolution. The Z-shaped branches have great significance to most tribes in South Africa as they represent the challenges in daily life. There are two thorns on the Buffalo Thorn tree. The straight thorn represents the future - a new resolution, lifting the spirit up. The hook or curved thorn represents the past. The wood from the Buffalo Thorn is not used for fire due this traditional belief.

#### Guarri Tree

Euclea divinorun

The young branch of a Guarri tree can be used as a toothbrush. The berries are picked and used for dying grasses, that are then used in weaving baskets to create different designs.

#### Knobthorn Tree

Acacia nigrescens

Tannin from the bark of the Knobthorn, when boiled, acts as an anti-bacterial on skin wounds.

The hard wood can be used to fence post.

#### Leadwood Tree

Combretum imberbe

Also known as the crocodile tree because of its bark, when the leaves are infused in a tea it can relieve a cough. The ash from the bark, when burnt, is used as toothpaste and the coals when watered down can be used as ink to write with the pointy end of a Guarri tree branch.

#### Marula Tree

Scelrocarya birrea

An ancestral tree that is of great value in Shangaan culture. Elephants love it for the fruit. Only the female Marula tree produces fruit. Popular in season for making beer and jam and of course the very famous Amarula Cream liqueur. (Ask your guide for a sip). The Marula seeds contain an oil. You can see this when they are cracked open. This oil is used in hair products, as body moisturiser and as cooking oil.

#### Tamboti Tree

Spirostachys africa

The root of the Tamboti tree is used in traditional medicine to treat pneumonia.

### Wheeping Wattle Tree

Peltoforum africanum

Bundled together it is used as a pillow. A branch is believed to offer protection from dangerous animals. The Wheeping Wattle name in Shangaan is Nhlanthanhu, which means "Luck". It is also a good toilet paper in the bush.





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